

2018

DENTAL CONTINUING EDUCATION

TREATMENT OF SNORING & SLEEP APNEA

"I can't wait to start! This course wasn't a teaser for more courses, it was the whole cookbook"

– J.H., Cleveland

"I've taken a lot of CE programs through 35 years of practice, this course filled in all the blanks"

– D.S., Los Angeles

"This is the first dental sleep system I've seen that merges the clinical steps with a business protocol that gets me paid – well done!"

– W.S., Dallas



WANT TO BLOW AWAY LAST YEAR'S COLLECTIONS?

INCREASE THE VALUE OF YOUR PRACTICE?

ENHANCE YOUR STANDING AND REPUTATION IN THE COMMUNITY?

EXTEND THE LENGTH AND QUALITY OF YOUR PATIENTS' LIVES?



COME LEARN A SIMPLE AND PROVEN TEAM APPROACH TO ENSURING YOUR SUCCESS WITH THE DENTAL MANAGEMENT OF SLEEP APNEA.

"My Journey With Dental Sleep Medicine"

Dr. Jerry Hu (Page 3)



READY TO BLOW AWAY LAST YEAR'S COLLECTIONS?

When done properly, all the exams, tests, scans, and appliances you provide to treat sleep apnea are reimbursed handsomely by medical insurance and Medicare. SGS has mastered this process and will show you a simple step-by-step process to ensure top level case acceptance and consistent, predictable reimbursement. Patients pay for what they need and get what they want, and they want to breathe.

GIVE LIFE – GET THANKED.

We all cherish the hugs, thank you cards and praise from patients that come after fixing their smile. How do you think they will feel about you after you've helped them so they can share a bedroom with their spouse again? Give them more energy to visit with family and children? Lower blood pressure or prevent a deadly auto accident? Being able to 'sleep like a baby' again is a priceless gift you can give to your patients and they will be forever grateful for it.

STAY AHEAD OF THE CURVE AND AHEAD OF YOUR PEERS. ARE YOU THE 'GO TO' PRACTICE IN TOWN?

The dental management of sleep apnea is going to happen with or without you. Sleep physicians nationwide have embraced oral appliances as a viable first line treatment option in place of CPAP. Medical insurances and Medicare have also accepted this model – the patients exist today in your own practice. The question is simple; are you going to take care of them or are you going to let them go to your competition? Following the system presented at this course will go a long way to establishing your standing and reputation in the dental community as well as with referring physicians with whom SGS can help you connect.



WE'VE GOT YOUR BACK!

"I heard it's difficult to get paid. Which appliance should I make? How do I connect with local physicians?"

SGS is a lot more than seminar education; we provide you with the A to Z protocol to assure your success as a sleep medicine dentist. Beginning with your two day seminar training we assist you and your team every step along the way as you attain your comfort level. It starts at this course and continues on for weeks, months and years to ensure you are successful with this in practice. We've got your back every step of the way. Together we can follow the process and get passed your questions and fears. Once you are doing several cases per week, the process will be simple and easy for you and your team to continue.

TEAM DRIVEN SUCCESS!

Are your dental team members motivated and excited about their daily routine? Screening for sleep disordered breathing provides immediate rewards because one in three of your patients has a sleep breathing disorder and is waiting for you to discover and treat it. Helping so many patients creates excitement and passion that is contagious. Much of the clinical and administrative process can be delegated to your team. You'll be paid for thinking instead of doing and your team will love the medical role they can play in the treatment process.

**HOW WILL THIS
COURSE BENEFIT
YOUR PRACTICE
AND YOUR
PATIENTS?**



Sleep Group Solutions is the world's largest dental sleep medicine company, based in Hollywood, FL. Our mission is to provide dental practices with the necessary education, training, instrumentation, physician networking and ongoing medical billing assistance needed to ensure profitable and successful clinical outcomes with the dental management of sleep disordered breathing.



Success in any field of medicine starts with proper education. Education creates awareness and puts clinicians in a position to offer assistance and solutions to a problem. S.G.S. realizes the importance of educating physicians and dentists on not only the scope of the sleep apnea epidemic, but also the precise step-by-step protocols they can implement in their practices to manage this [problem] disease.

Sleep Group Solutions is the world's largest provider of dental sleep medicine continuing education with weekly 2-day seminars across North America.

S.G.S. instructors are all highly credentialed with unmatched experience and expertise in sleep dentistry. Customized in-office training programs are offered as a second tier of training as well as special events, study club lectures, and mini residency programs across the country.



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My Journey With Dental Sleep Medicine

Dr. Jerry Hu, DDS, DABDSM, DASBA, MICOI, AFAAID, LVIF, FIADFE, FICOI, FIAPA

Hello my name is Jerry Hu, DDS, DABDSM, DASBA, MICOI, FICOI, AFAAID, FIAPA, LVIF, FIADFE, and over the past several years I have grown substantially with dental sleep medicine in my practice. Like many, I originally started with training and conferences throughout the US that focused on only using the George Gauge for taking bites for oral appliance therapy. Beyond having a couple of Home Sleep Tests and a Board Certified Sleep physician who I work with, I didn't have any other "tools" or instrumentation as any part of my protocol for treatment. Furthermore, my only way of communicating my concern to my patients was with the classic screening forms and my oral exam, looking for red flags, such as Mallampati 4 or Macroglossia, etc. Although I was gaining momentum in spreading the word, diagnosing this serious but extremely under-diagnosed medical condition of OSA, I always felt something was missing.

Therefore, I wanted to expand my knowledge, my training, my accreditation and board certifications in dental sleep medicine. Why? Simply for my patients. I wanted to have as many "tools" in my tool box, because patients come in all different sizes, conditions, TMJ/TMD history, prior systemic health problems, etc. etc.-- the list goes on and on. Our patients deserve only the best, customized treatment, and I believe most if not all dentists would agree.

My journey first expanded into the neuromuscular realm of dental sleep medicine. Equipment, training, and certification were all features of this option. For TMD patients, pain patients, and postural issue patients, I found using the K-7, Myomonitor, or MicroTENS were extremely beneficial and rewarding to both the patient and to my dental sleep practice. Patients often would have double success, with resolution of their TMD discomfort/ pain along with better AHI/RDI results. However, I felt that something was still missing. Whether it is rested muscles of mastication EMG's that I attain and see on the patient, or show patients on my Cone Beam I-CAT CT's the improvement in airway with OAT, I was never able to express an appreciation and usefulness for a live rendering, patient-participating process, that is until I took a course with Sleep Group Solutions.

First, with Sleep Group solutions, we are looking beyond a static, one-moment time or glimpse of my patients' airway (referring to CT scan). Although it is important documentation and has many merits, it just was not enough for me, and I believe my "tool box" was missing critical items. What I mean by that is that the overall success of OAT boils down to communication, comfort, efficacy, and compliance. Prior to having a pharyngometer and rhinometer, patients had only a static scan and my clinical "red flag" findings to go by. Often, it was an uphill battle to make them recognize the seriousness and potentially fatal consequences of untreated OSA. Yes, having literature on co-morbidities, risk statistics and informational tools are important and part of it all, but it is not sufficient by any means, in my opinion. As dental sleep medicine practitioners, we need our patients to fully engage in treatment and understanding rationale. I

cannot over-stress the importance of what it means to have patients actually involved in seeing a collapse (modified Muller's collapse), and then finding the right position that is comfortable and most effective to improve the degree of collapse. Patients are actively involved and seeing what happens to their airway, and that is simply powerful!! As a screening tool, a bite tool, a post-delivery adjunctive tool to post sleep tests, and a referral (to ENT's, etc.), the pharyngometer / rhinometer is simply priceless and essential. We need to have patients treating themselves long term-- for the rest of their lives!! That means, post-delivery follow ups, even years down the road, the pharyngometer will be extremely useful in gauging changes and needs for titration and/or maintenance.

Second, after taking the course with Sleep Group Solutions, I quickly confirmed that there is an actual "sweet spot bite position" for every patient. We all agree each patient has unique circumstances from limitations to their border movements, prior injury/pain/ TMD, prior syndromes/ medical/dental issues, etc. so why should we "ball park" and categorize everyone in the 60-70% protrusion range? It makes no sense. Moreover, practitioners all know that if a patient is protruded too far, not enough, opened vertically too far or not enough, all of that may worsen OSA! Again, I kindly remind people that we are dealing with a serious medical condition and not simply a dental caries/ gingivitis condition. We need to be as precise as we possibly can. Thus, the protocol I learned from Sleep Group Solutions allows me to key in on that "sweet spot". Furthermore, after I take a "pharyngometer bite," I can easily hook my patients up to a K-7 after ULF Tensing, and see how rested the muscles are in that pharyngometer bite position. Often times, I find that if I took a neuromuscular bite position where muscles of mastication are relaxed, it often coincides with the exact same pharyngometer position. The bonus is that there is NO radiation to verify any of that! Again, having the tools in the tool box is absolutely rewarding and I believe, essential.

Third, and lastly, Sleep Group Solutions is not biased to any oral appliance company. They training encourages all dentists to try any and/or all variations to see what is best for their practice. With that stated, it allowed me to focus my complete dedication to finding an appliance company who mirrors my respect for precision based dental sleep medicine. Because I tried so many different types and did clinical research on my patients, I was also able to find the appliance company that I believe is the leader, 100% dedicated to dental sleep medicine, innovative, accurate, CAD/CAM-- digital milling, 100% dedicated to research, and clinical advancements. Along with the individualistic/ customized pharyngometer bite I send, I also get a precision milled, accurate oral appliance for all of my patients.

Sleep Group Solutions will change your practice! If you follow the recommended protocols, have the proper instruments/ tools, and have the spirit of continuing your education, believe me, you will save lives and have a growing, successful dental sleep medicine practice.

ABOUT DR. JERRY HU

Dr. Jerry Hu, DDS grew up in Soldotna, Alaska, the heart of the Kenai Peninsula. He knew he wanted to become a dentist ever since middle school, and being admitted to this vigorous program, he was able to attain both his bachelor's and doctorate degree at age 24 from the University of Michigan in Ann Arbor.

Currently, Dr. Hu is dedicated to providing exceptional dentistry in Anchorage and Soldotna. Over the years, Dr. Hu has attained extensive training at the American Academy of Implant Dentistry, American Academy of Dental Sleep Medicine, International Congress of Oral Implantologists, American Academy of Cosmetic Dentistry, and at the prestigious Las Vegas Institute for Advanced Dental Studies (LVI). He has earned many Fellowships and Masterships, and has published numerous articles with his research in cosmetic dentistry and dental sleep apnea treatment.

In 2017, he became the first full time dentist in Alaska to earn Board certification for Dental Sleep Medicine as a Diplomate of the American Board of Dental Sleep Medicine. He also has been lecturing over the years at national conferences from Arizona to Texas, Hawaii to Seattle, and even Canada. With many published articles in dental publications pertaining to cosmetic dentistry and dental sleep medicine, Dr. Hu is also currently continuing his clinical research in those fields.



“The training encourages all dentists to try any and/or all variations to see what is best for their practice.”

STAFF BOOT CAMP

SGS Staff Boot Camp provides the necessary educational requirements to achieve **ASBA Dental Sleep Coordinator Specialist Certification**.

- ▶ Become an integral part of the interdisciplinary dental sleep medicine team
- ▶ This course is designed for the dental office auxiliary and clinical team members
- ▶ Do you know that 80-90% of adults with OSA remain undiagnosed? Or that 1 in 4 of your patients is already suffering from OSA? Or that over 50% of children diagnosed with ADHD suffer from sleep apnea? Do you know about the ASBA-approved alternatives to CPAP? Most importantly, do you know that as a clinical staff member, you are in a unique position to recognize the signs and symptoms of Obstructive Sleep Apnea (OSA) because of the time you spend with each patient on a regular basis. The ASBA Sleep Specialist Certificate in Dental Sleep Medicine for the RDH/Clinical Team gives you the knowledge you need to add value to your licensure and the practice where you work!
- ▶ This 2 day SGS weekend Boot Camp, in association with the American Sleep and Breathing Academy, is built around supporting dental team members involved in DSM screening and treatment. The program will provide a two-day, hands-on training dedicated to their particular roles in snoring and sleep apnea screening and treatment, as well as oral appliance therapy. The two-day program will focus on patient care, team coordination, case creation and presentation, marketing, insurance billing and collections and will provide the necessary educational requirements to achieve Dental Sleep Coordinator Specialist Certification.



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BRING YOUR TEAM

Experience immediate success and create passion and excitement in your office for this new service by bringing your dental team to the seminar.

REGISTER TODAY

CHOOSE YOUR DATE

CHOOSE YOUR LOCATION

JANUARY

12-13th Oklahoma City, OK
12-13th Las Vegas, NV
19-20th Fayetteville, AR
19-20th Sacramento, CA
26-27th Newark, NJ
26-27th New Orleans, LA

FEBRUARY

2-3rd Des Moines, IA
2-3rd West Palm Beach, FL
2-3rd Seattle, WA
9-10th Boston, MA
9-10th Scottsdale, AZ
16-17th Washington, DC
16-17th Houston, TX
23-24th Anaheim, CA
23-24th Pittsburgh, PA

MARCH

2-3rd San Francisco, CA
2-3rd Indianapolis, IN
9-10th Chicago, IL
9-10th Salt Lake City, UT
16-17th Charlotte, NC
16-17th Denver, CO
23-24th Baltimore, MD
23-24th Dallas, TX

APRIL

6-7th Kansas City, KS
13-14th Atlanta, GA
13-14th Portland, OR
20-21st Philadelphia, PA
20-21st Scottsdale, AZ
27-28th Huntington Bch, CA
27-28th Hartford, CT

MAY

4-5th Jacksonville, FL
4-5th Nashville, TN
11-12th Washington, DC
11-12th Detroit, MI
11-12th El Paso, TX
18-19th Boston, MA
18-19th Calgary, Alberta

JUNE

8-9th Charleston, SC
8-9th New York City, NY
15-16th Green Bay, WI
15-16th Seattle, WA
15-16th Richmond, VA
22-23rd Oklahoma, City, OK
22-23rd New Port Beach, CA
29-30th Atlanta, GA
29-30th Chicago, IL

JULY

6-7th Cleveland, OH
6-7th San Diego, CA
13-14th Clearwater Beach, FL
13-14th Newark, NJ
20-21st Portland, ME
20-21st Sacramento, CA
27-28th Denver, CO
27-28th Washington, DC



Play the video.

Visit www.sleepgs.com now!

In this short video, foremost dentists and some of S.G.S.'s instructors, including Dr. Jeff Horowitz, Dr. Jorge Jones, and Dr. Damien Blum introduce themselves; They touch on the importance of treating sleep apnea, including how and why they became involved with dental sleep medicine

THIS PROGRAM IS A MUST FOR DOCTORS LOOKING TO DIFFERENTIATE THEIR PRACTICE, GET MORE PATIENT THANK YOU'S AND INCREASE COLLECTIONS WITH A FUN AND EASY-TO-FOLLOW SYSTEM FOR THE DENTAL TEAM.



2018 SEMINARS

AUGUST

3-4th Portland, Oregon
3-4th Orlando, FL
10-11th Houston, TX
10-11th Huntington Bch, CA
17-18th Las Vegas, NV
17-18th Omaha, NE
24-25th Boston, MA
24-25th Ft. Lauderdale, FL

SEPTEMBER

7-8th Atlanta, GA
7-8th Philadelphia, PA
7-8th Billings, MT
14-15th New York City, NY
14-15th Nashville, TN
21-22nd San Francisco, CA
21-22nd Chicago, IL
28-29th Charlotte, NC
28-29th New Orleans, LA

OCTOBER

5-6th Washington, DC
5-6th Minneapolis, MN
12-13th Santa Monica, CA
12-13th Dallas, TX
19-20th Scottsdale, AZ
19-20th Toronto, Canada
26-27th Seattle, WA
26-27th Newark, NJ

NOVEMBER

2-3rd Ft. Lauderdale, FL
2-3rd Denver, CO
9-10th Honolulu, HI
9-10th Buffalo, NY
9-10th Charlotte, NC
16-17th San Jose, CA
16-17th Boston, MA
30-1st Chicago, IL
30-1st Albuquerque, NM

DECEMBER

7-8th New York City, NY
7-8th Las Vegas, NV
14-15th Houston, TX
14-15th Washington, DC



Approved
P A C E
Program
Provider by
the Academy
of General
Dentistry

REGISTRATION INSTRUCTIONS

1) Select a Date & Location

Visit www.sleepgs.com for more information about specific seminar locations, instructor assignments or hotel information.

2) Register Online or by Phone

Visit www.sleepgs.com or call 1-855-978-6088

Have questions? Call 855-978-6088 to speak with a representative.

Sleep Group Solutions is designated as an Approved PACE Program Provider by the Academy of General Dentistry. The formal continuing education programs of this program provider are accepted by AGD for Fellowship, Mastership and membership maintenance credit. Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement. The current term of approval extends from 10/1/2016 to 9/30/2020.

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DENTAL SLEEP MEDICINE SEMINARS

2018



Obstructive sleep apnea is an epidemic in our society. Right now you have a unique opportunity calling: Are you ready to take action? Are you ready to be the “go to” dentist in your community for this needed service? Are you ready to work with the SGS medical network to help hundreds of your patients and others in your area? Are you ready to build real value in your practice both short and long term with new revenue from medical insurances and Medicare?

Our seminar is unique in that we are not a lab, we don't own a single appliance. Our expert instructors will teach the proper way to treat patients with sleep apnea and share the pro's and con's of all the appliances so you'll leave with a wealth of knowledge and unbiased information. It is our goal for all seminar attendees to be trained and prepared to begin treating sleep disordered breathing in their practice immediately!

GET STARTED, JOIN US!

DETAILED PROGRAMS EXCEPTIONAL LEADERSHIP HANDS-ON TRAINING

You are going to experience a one-of-a-kind program that has been tested, adjusted and fine-tuned based on the experience and success of thousands of your peers. Our goal is for you to be clinically elite with your treatment of this deadly condition while experiencing rock solid case acceptance and medical insurance reimbursement.

COURSE AGENDA

SEMINAR DAY 1

Open Your Eyes

- The untapped dental sleep gold mine in your practice
- A call to action: what you've been missing for way too long
- Opportunity in your community

Know Your Enemy

- This isn't your grandfather's snoring
- Deadly sleep apnea
- Alphabet soup of apnea – definitions & vocabulary
- How does it kill?
- Co-morbidities: sleep apnea red flags

Advanced Airway Anatomy

- Nose to Neck – Where is the problem?
- Airway trumps all

OSA Screening: Upgrade Your Examination IQ

- Signs, Symptoms & Clinical Consequences
- What to look for and scripts for patient interaction
- What to say / what not to say
- Initial documentation & sleep questionnaires – how to best use them

The Sleep Consult Appointment

- Why a dedicated appointment? Goals of testing
- Patient education: raise your patients' sleep health knowledge

Initial Patient Exam

- Airway evaluation – how and why to measure nasal and oral airway with Eccovision Pharyngometer/Rhinometer
- Live patient exam demonstration & hands-on testing of attendees

Home Sleep Testing

- Home testing vs. Lab testing
- No Barriers: how to use home testing for a faster path to appliance therapy
- Set up and dispense tests to volunteer attendees for overnight sleep studies

SEMINAR DAY 2

The Dental Sleep Medicine Cookbook Continued

- How to read a home sleep test and PSG
- Download and review studies done on attendees the night before
- OSA Positive! Now what?
- Multidisciplinary team building – networking with MD colleagues

DSM Marketing Pearls

- Inexpensive things you can do and say right now to start off strong
- Sleep Apnea Phone calls do's and don'ts
- Golden ticket for primary care referrals

Non-Dental Treatment Options

- CPAP, Upper Airway Surgery, Weight Loss, Positional Therapy and more
- Creating the mutually beneficial sleep MD relationship
- Combination therapy – when is it an option?

Your Ticket for DSM Success! Appliance Records

- An objective way to predict oral appliance success and ideal bite position
- No more guessing
- Airway Imaging with bite repositioning jigs
- Appliance selection based on airway assessment and patient indications

Lifetime Treatment: longer term implications

- How to mitigate dental side effects
- Appliance delivery & adjustments
- Short and long term follow up plan

How to get a YES!

- A clinical case presentation that actually works!
- Take down barriers and set yourself up for success

Billing Medical Insurance & Medicare

- A Simple "hands-off" approach to getting paid and not overwhelming your staff
- Medical codes, fee structures and how to bill to maximize collection and reimbursement
- Medicare – the good, bad & ugly
- How to be a Medicare DME supplier

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Dr. Jeff Horowitz

Dr. Jeff Horowitz, a native of Old Bridge, New Jersey, completed his undergraduate studies at the University of Pittsburgh, receiving early admission to dental school after his junior year. In 1991 he earned his Doctorate of Dental Medicine degree from the Medical University of South Carolina. *Learn more, visit www.sleepgs.com*

MEET THE INSTRUCTORS

Our instructors and educational team are highly credentialed with unmatched experience & expertise in dental sleep medicine.



Dr. George Jones

Dr. George Jones is a native of Wheeling, WV and earned his BS in Chemistry from Wheeling Jesuit University. He received his Dental Degree from the University Of Florida College Of Dentistry, and relocated to coastal North Carolina in 2003. Over the years, Dr. Jones has served as a consultant and evaluator for several dental manufacturers and maintains a private practice in Sunset Beach, NC. *Learn more, visit www.sleepgs.com*



Dr. Barry Freyberg

Dr. Barry Freyberg, a 1968 graduate of the University Of Illinois College Of Dentistry was a full-time practicing general dentist, until recently, where he now spends most of his chair-side time practicing dental sleep medicine in Illinois and Arizona. He says, "In my senior practice years, sleep medicine is new and fascinating, physically much easier than general dentistry, and more rewarding." *Learn more, visit www.sleepgs.com*



Dr. Damian Blum

Dr. Blum has trained and studied under many of the top clinicians in the world for the past 30+ years. He began his journey toward becoming a dentist as a volunteer at the Sinai Hospital Dental Clinic. After graduating from UMBC with a BA in Biology/ Psychology, he studied at Boston University's School of Dental Medicine, graduating with a Doctor of Dental Medicine (DMD) degree in 1983. *Learn more, visit www.sleepgs.com*



Dr. Anjoo Ely

Dr. Ely received undergraduate training at the University of Western Ontario with a study focus in actuarial sciences. She is a graduate of the University of Michigan Dental School 1997, one of the best in the country. Upon graduation Dr. Ely was a clinical instructor at the University of Michigan Periodontology Department. She has been a dentist for over 15 years and has been through several post graduate courses. *Learn more, visit www.sleepgs.com*



Mr. John Nadeau

SGS Vice President John Nadeau has been actively involved in the dental sleep medicine community since 2002. He has worked with several hundred dentists in the field and helped many of them get started with sleep in their own practices. An expert on airway acoustic imaging and home sleep testing John authored the SGS protocol manual detailing the steps-by-step process. *Learn more, visit www.sleepgs.com*

INSTRUCTORS CONTINUED



Dr. Dan Tache

Dr. Tache began lecturing for SGS in 2006 and served as President of the Wisconsin Sleep Society. For 16 years, Dr. Tache was in private practice in Houston, TX and served as a guest lecturer and assistant clinical professor at the University of Texas Dental Branch. During that time, he trained dentists in the field of temporomandibular dysfunction and orofacial pain. *Learn more, visit www.sleepgs.com*



Dr. John Carollo

Dr. John Carollo received his dental degree from the University of Medicine and Dentistry of New Jersey, (now Rutgers Dental School), and is a Member of the Academy of General Dentistry, The American Dental Association and The Academy of Dental Sleep Medicine. Implants and Natural Teeth, All-Ceramic Restorations, Treatment Planning Dental Implant Cases, Dental Sleep Medicine, (Sleep Apnea); and others. *Learn more, visit www.sleepgs.com*



Dr. Jerry Hu

Dr. Hu is dedicated to providing exceptional dentistry in Anchorage and Soldotna. Over the years, Dr. Hu has attained extensive training at the American Academy of Implant Dentistry, American Academy of Dental Sleep Medicine, International Congress of Oral Implantologists, American Academy of Cosmetic Dentistry, and at the prestigious Las Vegas Institute for Advanced Dental Studies (LVI). *Learn more, visit www.sleepgs.com*



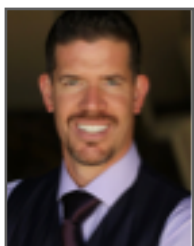
Dr. Srujal Shah

Dr. Srujal Shah is a San Jose native and earned his Doctor of Dental Surgery degree from the University of Southern California School of Dentistry. He also carries a Bachelor of Science in Electrical Engineering from UC San Diego with an emphasis in Signal Processing. His practice is limited to the treatment of sleep disorders and snoring. He is the President of Spark Sleep Solutions with five locations in the Bay Area. *Learn more, visit www.sleepgs.com*



Dr. Jason Doucette

Dr. Jason R. Doucette is a Nevada native that was born and raised in Las Vegas, NV. Further pursuing his education in 1991, Dr. Doucette ventured north to Reno where he attended the University of Nevada, Reno and received his bachelor's degree of science in 1995. He then attended Oregon Health Sciences University in Portland, Oregon where he received his Doctor of Dental Medicine in 1999. *Learn more, visit www.sleepgs.com*



Dr. John Nosti

Dr. John Nosti practices full time in Mays Landing/Somers Point, New Jersey, as well as Manhattan, New York, with an emphasis on functional cosmetics, full-mouth rehabilitations and TMJ dysfunction. Dr. Nosti is the Clinical Director for The Clinical Mastery Series, a continuum geared toward advancing the cosmetic/functional practices of dentists worldwide. *Learn more, visit www.sleepgs.com*



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PLACE
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DENTAL SLEEP SEMINARS

Did
you
know

→ Oral appliances are now considered a first line treatment for sleep apnea?

→ 34% of the adult population have symptoms of a sleep breathing disorder

→ Over 90% of those suffering from this have not yet been diagnosed or treated?

→ When done properly this treatment is generously reimbursed by private insurance and Medicare?

Sleep Group Solutions offers the most comprehensive selection of dental sleep medicine seminars in the industry. Treatment of sleep disorders is one of the fastest growing fields of medicine and recent developments have put dentists on the front line.

LEARN
GROW

