



Sleep Report

Sleep Group Solutions
16840 NE 19th Ave
N. Miami Beach, FL 33162

Total Recording Time: 7 hours 54 minutes (474 minutes)

Lights Off Clock Time: 4/15/2008 22:31

Lights On Clock Time: 4/16/2008 6:25

Patient Information

Name:	Brown, Charley	Date of Birth:	1/22/1970
ID:	7122009 Sleep Group Solutions	Age:	39
Address:	2020 Peanut Street	Gender:	Male
City:	Tampa, FL	Height:	6' 1"
Zip Code:	34406	Weight:	322 lbs
E-Mail:		BMI:	42.5
Phone:	813-220-3400	Cheyne Stokes Breathing:	No

Sleep Summary

Apnea/Hypopnea

Index Time:	474.3	minutes	
Apnea + Hypopnea (A+H):	248		31.4 / h
Supine A+H:	0		- / h
Non-Supine A+H:	0		- / h

Position

Supine Time:	4.7	minutes	1.0 %
Non-Supine Time:	-	minutes	0.0 %
Upright Time:	0.0	minutes	0.0 %
Movement Time:	0.0	minutes	0.0 %

Oxygen Saturation

Average Oxygen Saturation:	94.6	%	
Oxygen Desaturation Events (OD):	300		37.9 / h

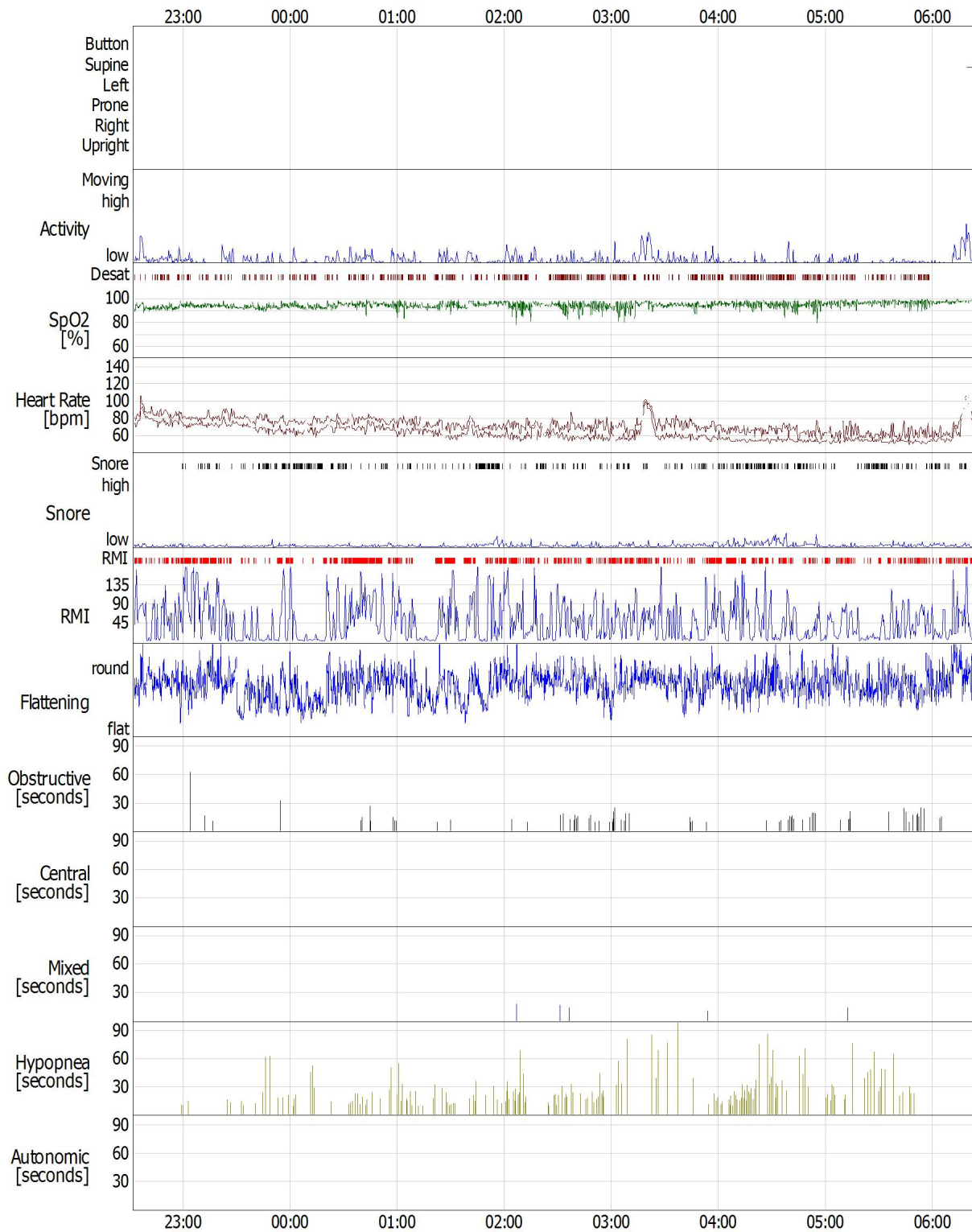
Snoring

Snore Time:	104.4	minutes	22.0 %
Number of Snoring Episodes:	227		

Plethysmogram

Autonomic Arousal	0		0.0 / h
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Summary Graph



Apnea/Hypopnea Statistics

Respiration	Number	%	A or H/h	Supine	Non-Supine	Mean [seconds]	Longest [seconds]
Apnea	74	29.8	9.4	0	0	16.1	62.8
Obstructive	69	27.8	8.7	0	0	16.2	62.8
Central	0	0.0	0.0	0	0	0.0	0.0
Mixed	5	2.0	0.6	0	0	14.5	18.1
Hypopnea (All):	174	70.2	22.0	0	0	28.2	113.8
Obstructive	-	-	-	-	-	-	-
Central	-	-	-	-	-	-	-
Mixed	-	-	-	-	-	-	-
Total	248		31.4	0	0	24.6	113.8

Desaturation Statistics

Position	Number	OD/h	Average OD Fall [%]	Average OD [%]
Total	300	37.9	6.3	90.9
Supine	0	0.0	-	-
Non-Supine	300	38.3	6.3	90.9

Desaturation Fall	Number	Cumulative Number	OD/h	Cumulative OD/h
Total	300	300	37.9	37.9
<5%	104	300	13.2	37.9
5%-9%	156	196	19.7	24.8
10%-20%	39	40	4.9	5.1
>20%	1	1	0.1	0.1

Desaturation Low Point	< 90 %	< 85 %	< 80 %	< 70 %	< 60 %
Number	63	16	2	0	0
OD/h	8.0	2.0	0.3	0.0	0.0

Snoring Statistics

Snoring Time: 104.4 minutes
 Relative Snoring Time: 22.0 %
 Number of Snoring Episodes: 227
 Average Snoring Episode Duration: 0.5 minutes
 Longest Snoring Episode: 3.4 minutes

Comments

Evaluate for SDB with Embletta Home Sleep Test from Sleep Group Solutions